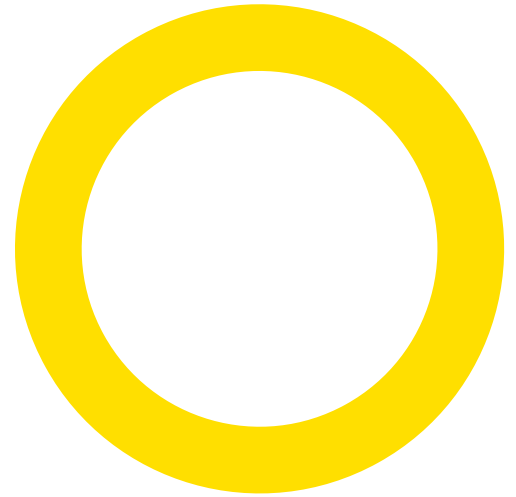


The Shuttle

Time flies faster than a weaver's shuttle.



'Brave the Waves', our inspiring Prefect theme has certainly been front and centre this term as we have reflected, especially, on how our Abbotsleigh girls, staff and parents have 'braved many waves' over the last 139 years. Indeed strength, courage, determination and resilience have been consistently demonstrated as Abbotsleigh continues to enact its vision of 'Empowering young women since 1885'. Lily Thornthwaite delivered a superb speech about Abbotsleigh Braving the Waves during our School birthday celebrations last week which I strongly commend to you below.

Continuing with the theme in Senior School assembly this week, Mrs Barbara Beilharz (Science Teacher) was interviewed by our Head Prefect, Lily Thornthwaite, about some of the waves she has 'braved' and how she has faced these challenges. Mrs Beilharz was courageously honest and talked about what it was like to come to Australia as a scientist working for a pharmaceutical company and then retraining at university as a teacher, where instruction, readings and assignments were all in

English, rather than her own language, German. As Mrs Beilharz explained – it was really hard, but she did it!

When asked how she faces challenges that naturally keep coming as part of life, Mrs Beilharz shared with the girls the following wonderful image:

"I imagine I have a treasure chest in my head, and every time I overcome a challenge, I put a beautiful jewel in that treasure chest. When I face 'waves', I look into that treasure chest, and I see all the jewels that I have put in there over the years. This helps me remember that I have overcome so many challenges in the past, and I will overcome this one, and as a result, I will be able to add another beautiful jewel to my treasure chest."

What a wonderful image for all of us, and especially for our Year 12 girls who will be 'braving the waves' of their Trial examinations next week. We wish you well, girls. I know that you will rise to the challenges ahead and put those beautiful jewels in your own treasure boxes as the years continue.



Years 3-6 athletics training	Tuesday 6 August 3.30-5 pm	Junior School
Act for Kids sessions for ELC, Transition and Year 1	Wednesday 7 August	Classrooms
Year 2 Bike Education	Wednesday 7 August	Junior School tennis courts
3G Combined Arts program at St Lucy's School	Wednesday 7 August 11.45 am-1.20 pm	St Lucy's School
Year 5 AFL and touch football training	Wednesday 7 August 3.20-4.30 pm	Junior School
Primary Athletics Carnival	Thursday 8 August All day	SOPAC
Year 1 Cooking Program	Thursday 8 August 8.30-10.30 am	Outdoor Kitchen
Kindergarten Field of Mars Reserve excursion	Thursday 8 August 8.50 am-2.30 pm	Field of Mars Reserve
Years 3 and 4 AFL and touch football training	Thursday 8 August 3.20-4.30 pm	Junior School
SDN Debating training	Friday 9 August 7.15-8.15 am	AbbSchool East and West Rooms
SDN Debating vs Brigidine	Friday 9 August 4.15-6.30 pm	Brigidine College
Year 2 sport training	Saturday 10 August 8-9.30 am	Junior School
IPSHA Saturday Sport	Saturday 10 August 8 am-12 noon	See Parent app for team sheets and venues
Years 3-6 IPSHA artistic gymnastics training	Saturday 10 August 1-5 pm	Gymnasium, Senior School
Science and Maths Week	Monday 12 to Friday 16 August	Junior School
Kindergarten Hot Shots Tennis	Monday 12 August 12-12.45 pm	JS tennis courts
Year 6 AFL and touch football training	Monday 12 August 3.20-4.30 pm	Junior School
Transition ACEE incursion	Tuesday 13 August 8.30-2.30 pm	ACEE
Years 3-6 athletics training	Tuesday 13 August 3.30-5 pm	Junior School
Act for Kids sessions for ELC, Transition and Year 1	Wednesday 14 August	Classrooms
Year 2 Bike Education	Wednesday 14 August	Junior School tennis courts
3G Combined Arts program at St Lucy's School	Wednesday 14 August 11.45 am-1.20 pm	St Lucy's School
Year 5 AFL and touch football training	Wednesday 14 August 3.20-4.30 pm	Junior School
NSW Interschool Girls Teams Chess Challenge	Thursday 15 August 9 am-3 pm	Burwood
3G Combined Arts program at St Lucy's School	Thursday 15 August 11.45 am-1.20 pm	St Lucy's School
Years 3 and 4 AFL and touch football training	Thursday 15 August 3.20-4.30 pm	Junior School

